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| **Lewisburg Spring Bike Weekend, May 17-18-19, 2024****To save paper, ONE (1) form per COUPLE/GROUP is fine,****provided BOTH/ALL partners or roommates sign the Waiver on last page.)**Name(s) of Guest(s):                                                                                                                            \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Address:                                                                                                                                                       \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_e-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Emergency Contact: Name                                                  \_\_ Relationship                      Tel. #                  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Current member of bicycling/outdoor clubs? YES NO Club names:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**FOR COUPLES: Will you be riding a tandem bike? YES NO****Is this your first time at the Lewisburg Spring Bike Weekend? YES NO****IMPORTANT - PLEASE REPLY to this:****Would you like a packet of PAPER CUE SHEETS/MAPS? YES NO (I/We ride paper-less w/GPS device.)**Your usual cycling level (speed, distance, terrain)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Class | Difficulty | Rate |
| **Class A** | Difficult, 45 to 100+ miles | 18-20mph average on flat terrain16-18mph average on rolling/hilly terrain15-16mph average on very hilly terrain |
| **Class B** | Advanced, 25 to 90 miles | 15-18mph average on flat terrain13-16mph average on rolling/hilly terrain12-14mph average on very hilly terrain |
| **Class C** | Moderate, 15 to 75 miles | 12-15mph average on flat terrain10-13mph average on rolling/hilly terrain9-11mph average on very hilly terrain |
| **Class D** | Easy, 10 to 25 miles | 8-11mph average on flat terrain4-7mph average on more hilly terrain |
| **Class Tandem** | Tandem Bikers | Distance and speed vary. All bikers Welcome |

How did you hear about this event?                                                                                             \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Room occupancy (circle):  Single         Double\*       Other (Triple or Quad)\*                                           \_\_\_\_\_\_\_\_\_\_\_\_\*Name(s) of Roommate(s) [or write*, “Please Assign*”]                                                                                     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*\*For 3 or 4 guest/room, please contact Leader for price. Double rooms have two queen-size beds; an additional cot may be requested.***Special Needs** [e.g., diet, allergy, snoring, adapted bike/trike, novice-level rides, etc.]:                                                                              \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_These friends of mine/ours have also registered for this trip, or, are planning to register\*\*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*\*\*If several of your friends or club-mates are also planning to join this trip, please contact the Leader, re. availability of the number of rooms your whole group will need. Rooms are filled on a first-come, first-served basis.***ATTENTION, DESSERT-LOVERS:** If you are revered by family & friends for your world-famous dessert (e.g., cookies, brownies, pies, etc), **would you please consider sharing your dessert with our group?** Your culinary celebrity will be unstoppable! Please contact Leader (Linda) to let her know which delightful treat you intend to bring, so that we can present a wide array of different types of goodies. (One of our past guests won the Blue Ribbon at the New Mexico State Fair for her chocolate chip cookies. Now, it’s YOUR turn for fame!)Ability to Volunteer/Assist with this Event [Volunteers are tremendously vital & appreciated! ]:                  Obtain & bring groceries/supplies to hotel [LSBW will reimburse you]                  Lead a ride one or two days to increase cycling choices for guests at varying levels of ability/interest                  Help set-up party room on Friday, keep clean & tidy between parties, and/or,                  Help clean up party room on Sunday\_\_\_\_\_\_\_Help keep the water & Gatorade coolers filled with fluids & ice                  Be available for 1-2 hrs on one day as a “SAG” driver, in case someone needs to be picked up                  Other-**Both Friday Dinner at the hotel and Saturday Dinner at the restaurant will be served buffet-style.****“Plan B” Activities, in case of disappointing weather:** In case Mother Nature does not cooperate with our cycling plans, we try to schedule some “Plan B” diversions. We will bring a laptop, projector, and projection screen, in case some of our members would like to share a Travelogue presentation, that is, photos/videos of their bike trips/journeys. Alternatively, if your professional background lends itself to presenting a talk on a **cycling/wellness-related** topic, e.g., if you are a physician or physical therapist knowledgeable in the training benefits of gym exercises to promote stronger cycling, your topic would probably have a large and appreciative audience at our event. Other worthwhile topics could include “Legal Rights & Protections for Cyclists on the Road”, and/or “How to Disassemble a Bike to Pack it in a Travel Case”. **All topics must be relevant to cyclists’ health, well-being, bike performance, and/or safety & security.****E-Bike Policy:** For safety and insurance reasons, and to comply with local/state/federal laws, **ONLY Class 1 and Class 3** **(Pedal-Assist)** e-bikes are permitted at this event. Any/all throttle-type controls MUST be removed. Class 2 e-bikes (which are equipped with a motor) are **strictly prohibited** at this event.**Cancellation Policy:** Cancellation notices received **up to two weeks prior to check-in [i.e., by Friday, May 3]** will be refunded in full, minus a $5 service fee.  Cancellation notices received less than two weeks prior cannot be refunded, unless the room can be reassigned to another party, e.g., someone on the waiting list.**Please Note**: **The Lewisburg Spring Bike Weekend will take place RAIN OR SHINE**.  If we provide our guests with relaxation & laughter, friendships old & new, great food & drink & merrymaking, the weekend will be a success, regardless of the weather. **HELMETS are REQUIRED for ALL cyclists, on ALL rides on the Lewisburg Spring Bike Weekend! Earphones/earbuds are PROHIBITED. Thank you for your compliance – we care about your safety and well-being.****COVID Safeguard Policy:** Foreveryone’s health & safety,COVID precautions will be vigilantly maintained, based on publichealth guidelines in effect at the time of the event. We will have access to the outdoor patio, courtyard, terrace next to the pool, etc., for outdoor gatherings. We will bring canopy tents for shade, if needed. We ask all participants to be fully vaccinated prior to this event. For general infection prevention, gloves and hand sanitizer will be available. Based on public health guidelines in effect at the time of the event, masks will also be available.**Payment****SPECIAL “FRIENDS & FAMILY” DISCOUNT to Guests of recent spring & fall weekends:****Register via paper form & check and mail to Linda, no later than 3/31/2024 (postmarked)****This “Friends & Family” discount is for participants of recent weekend events led by Linda.****Double Occupancy $279/person,** **Single Occupancy Supplement (add-on): $179/person****Please contact Linda for Triple & Quadruple room rates.****The “regular” Payment Plan (in the chart below) begins Feb. 8, and continues through April 19.**

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|              Please circle your selections. | **Double Occupancy** | **Single Occupancy??** |
| **EARLY-BIRD** [By **Friday, April 19**] | **$289/person, double** | **Add $189 for single room.** |
| **LATE** Registration [**AFTER Friday, April 19**] | **$309/person, double** | **Add $189 for single room.** |
| **GROUP/TEAM DISCOUNT Available – Please** | **Contact Linda for Group** | **Discount: 267-251-7862** |
| **Members of ANY/ALL bicycle and outdoor clubs are warmly welcome to join us! Lewisburg Spring Bike Weekend, LLC is independently owned & operated by Linda A. McGrane.** |  |  |

 **Total payment:**             .Please make check payable to:  **“Lewisburg Spring Bike Weekend”**  Please send your check to: **“Lewisburg Spring Bike Weekend, c/o Linda** **McGrane, 87A West Laurel Avenue, Cheltenham, PA, 19012-2046.”** Your confirmation letter w/driving directions, itinerary, etc., will be sent to the e-mail address which you provided on Page 1 of this form. Again, if you have any **questions** **or concerns**, please contact **Linda**, at: **267-251-7862**, or **LSBGSpringBikeWeekend@yahoo.com****.****ELECTRONIC PAYMENT** is available via **ZELLE.** To send your payment via Zelle, you will need these details:“Spring Bike” at Wells FargoLinda A. McGrane, 267-251-7862If you would like to send your payment electronically via Zelle, you may send your **registration form via email** to: **LSBGSpringBikeWeekend@yahoo.com**.The package payment you submit to Lewisburg Spring Bike Weekend includes the cost of your hotel room, and well as the costs for the caterer, restaurant, and bus transportation to & from the restaurant for Saturday dinner. LSBW pays the hotel, caterer, restaurant, and bus company on your behalf.**PLEASE NOTE:** the Late fee is added after April 19, because the hotel needs our roster one month in advance to enter all guest details, and to prepare for our large group.**WAIVER:** I understand that participation in the Lewisburg Spring Bike Weekend (LSBW) is at my own risk. For cycling events, it is LSBW policy for all participants to obey traffic laws and to require you to wear an approved safety helmet. Furthermore, by participating in this LSBW cycling event I hereby represent that I am able to operate my bicycle properly and that my bicycle is in good mechanical condition. I acknowledge that use of e-bikes is strictly limited ONLY to Class 1 and Class 3 (Pedal-Assist), with NO throttle-type controls. I understand that Class 2 e-bikes, which are equipped with a motor, are strictly prohibited at this event. For non-cycling events, participants agree to act safely and obey any rules or regulations applicable to the event. I acknowledge that I am aware of the risks and dangers inherent with participating in this LSBW event and knowingly and voluntarily assume the risk of injury resulting there from. I understand that supervision, training or oversight may not be provided by LSBW with respect to this event. I acknowledge that LSBW and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators are not insurers of my personal safety or property and do not assume any liability for personal injury or property loss sustained during this LSBW event. By signing below and in consideration for being allowed to participate in this LSBW event, I fully release LSBW and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators from any liability, specifically but not limited to liability for their negligent acts, stemming from or relating to past or future LSBW-sponsored events or activities. I have read and understood this notice and release, and intend to be legally bound by it. I understand that the payment I/we submit to LSBW includes the cost of my/our hotel room, and well as the costs for the caterer, bus company, and restaurant. LSBW pays the hotel, caterer, bus company, and restaurant on my/our behalf. Note: If rider is under 18 years of age, both rider AND parent or guardian MUST SIGN THIS SHEET. Use more than one line if additional space is required.Signature                                                                                                                      DateSignature                                                                                                                      DateSignature                                                                                                                      DateSignature                                                                                                                      Date |
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